

Zumba Timetable



Glitz Dance Studio - 475a Brighton Road, Brighton			
Class Type	Day	Start Time	Note
Zumba Gold	Monday	10.00am	Beginner or Active Older Generation
Zumba Gold - NEW	Monday	6.00pm	Starts 30/1/2012 - First Class Free on the 30/1
Zumba	Monday	7.00pm	Time moving to 7pm on the 30/1/2012
Zumba Gold - NEW	Tuesday	10.00am	Starts 7/2/2012 - First Class Free on the 7/2
Zumba	Tuesday	11.00am	
Zumba	Tuesday	6.15pm	
Zumba Gold "Advanced"	Wednesday	1.30pm	Zumba Gold
Zumba	Wednesday	7.15pm	
Zumba	Thursday	11.00am	
Zumba	Thursday	6.15pm	
Zumba Toning -NEW	Saturday	9.00am	
Zumba	Saturday	9.30am	

Edwardstown Primary School - Maria St, Melrose Park			
Class Type	Day	Start Time	Note
Zumba	Tuesdays	7.00pm	
Zumba	Thursday	6.30pm	

Morphett Vale - Antonio Catholic School, Bains Road, Morphett Vale			
Class Type	Day	Start Time	Note
Zumba	Monday	6.30pm	
Zumba	Wednesday	6.30pm	

Moana Primary School - Schooner Ave, Seaford			
Class Type	Day	Start Time	Note
Zumba	Tuesday	7.00pm	



This is the perfect class for beginners and is formatted specifically for the active older generation. So if you are new to Zumba fined to normal class just a little hard then start the party with a Gold Class.



Take the Zumba Party to a whole new level. Shake it. Tone it. Rock it. The Latin-inspired dance fitness-party™. Serious body sculpting for party animals. We are currently running a 25 minute workout on Saturday Mornings at 9am for just \$5 when you combine it with the 9.30am class, this includes your toning stick hire. Current members can try this free.



Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before you know it, they're getting fit and your energy levels are soaring! There's no other fitness class like a Zumba Fitness-Party. It's easy to do, effective and totally exhilarating.



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Zumba with Glitz

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Price List

Monthly Pass

These passes have a 30 day expiry date from your first class after purchase

4 Class Pass	\$36
6 Class Pass	\$48
8 Class Pass	\$56
Unlimited Classes	\$70

3 Month Pass

These passes have a 90 day expiry date from your first class after purchase

10 Class Pass	\$99
20 Class Pass	\$165
30 Class Pass	\$199

CASUAL CLASS \$13

Clients should only buy these for attending classes at Brighton and Morphett Vale as no guarantee is made for the longevity of other venues and no refunds are available.